

# Waste Reduction Guide

How you can start tomorrow:

Instead of		Try
Plastic Grocery Bags		Reusable Tote Bag
Plastic Utensils for Takeout		Metal Utensils from Home
Plastic Water Bottles		Reusable Metal Bottle
Single-use Ziploc Bags		Reusable Containers
Plastic Soap & Shampoo Containers		Bars of Soap and Shampoo
Gas-Powered Lawn Tools		Electric Lawn Tools
Buying Fast Fashion		Thrift Shopping and Buy Clothing That Lasts
Throwing Clothes in the Trash		Donate or Drop in Textile Recycling Bin
Liquid Detergent & Dryer Sheets		Powdered Detergent & Dryer Balls
Disposable Drink Cups		Reusable Coffee Cup
Throwing Food in the Trash		Accept Imperfect Food, Compost
Buying from Big Online Retailers		Shop Local & Look for Sustainable Packaging

## Waste Reduction Resources



A complete guide to all your recycling questions.



[ecomaine.org/what-can-be-recycled/recyclopeda](http://ecomaine.org/what-can-be-recycled/recyclopeda)



Your local "buy less stuff" resource

Your local guide to where to buy resale, rent, repair & recycle.



[FreeportCAN.org/greenguide](http://FreeportCAN.org/greenguide)

### Freeport Transfer Station and Public Safety Building

Recycle, compost food waste, and use the swap shop!



[freeportmaine.com/228/RecyclingTransfer-Facility](http://freeportmaine.com/228/RecyclingTransfer-Facility)